



MARIANO MARCOS STATE UNIVERSITY

SDG 3 | GOOD HEALTH AND WELL-BEING

MMSU promotes good health and holistic well-being among all University stakeholders and communities through education, research, training, and advocacy for improved quality life. The university eyes to be a “blue zone’ university fostering a healthier community through lecture-cooking demo to promote healthy lifestyle among MMSU constituents and stakeholders thereby creating a community dedicated to supporting and advocating balanced lifestyles. It also launched its Dentistry program with the aim of developing more health professionals for holistic health, achieved significant milestones in probiotics and black garlic research, and successfully implemented community health and wellness programs, including its annual university games. Aligned with the One Health approach, MMSU further expanded its reach by partnering with international universities in training its students for culturally-responsive healthcare, implementing health and wellness programs for persons deprived of liberty at the City Jail, and implementing anti-rabies programs.