



MARIANO MARCOS STATE UNIVERSITY

Health and Wellness Extension Programs and Community Outreach

College of Health Sciences Community-Based Rehabilitation Program (CHS-CBR) 3.0

In 2023, Mariano Marcos State University's College of Health Sciences (CHS) launched its Community-Based Rehabilitation Program 3.0, an initiative that showcases the university's commitment to enhancing community health and well-being which magnifies SDG 3. This collaborative program brings together the expertise of the Departments of Nursing, Pharmacy, and Physical Therapy to address a range of health needs through accessible, community-centered services. Designed to empower communities and improve the quality of life for individuals with disabilities or chronic health conditions, the program offers rehabilitative care, health education, and support services tailored to local needs. Community-Based Rehabilitation Program 3.0 emphasizes holistic care, promoting inclusive and sustainable health interventions that are responsive to the unique challenges faced by each community. Through this initiative, MMSU continues to lead in delivering compassionate and impactful healthcare education and services in the region.

**Community Access to Rehabilitation and Extended
health care services (CARE) clinics**

Community-Based
Rehabilitation

MUNICIPAL HEALTH OFFICE



**FREE
CONSULTATION
AND
TREATMENT**

**RESTORE
HEALTH IS
OUR PRIORITY**

**WE OFFER THE
FOLLOWING SERVICES:**

- Electrical Therapy
- Functional Training
- Heat Therapy
- Manual Therapy
- Musculoskeletal Rehabilitation
- Neurological Rehabilitation
- Pain management
- Post-Injury Rehabilitation
- Post-Operative Rehabilitation
- Strength Training
- Therapeutic Exercise

**WE PROVIDE
SERVICES TO:**

- Stroke
- Low back pain
- Arthritis
- Fracture
- Cerebral Palsy
- Dislocation
- Scoliosis
- Sports Injuries
- Frozen shoulder
- Trigger Finger
- Down Syndrome
- Joint pain
- Muscle pain
- Strain and Sprain
- Brain and nerve injuries
- Bell's Palsy
- Pulmonary Conditions

Contact Us



09167012791

Brgy 3 San Ildefonso,
Municipal Health
Office - San Nicolas,
Ilocos Norte

[www.fb.com/MMSU-UPTRC-CBR](https://www.facebook.com/MMSU-UPTRC-CBR)

You may visit us during the
following schedule:

**MONDAY to FRIDAY
(8:00 am to 12:00 pm)**

https://www.mmsu.edu.ph/resources/1pK5zIDfjJRCf7WBiNpswEs4SKN4hJlb9/view?usp=drive_link

PEDIA-GERIA Tricks Project

PharmaTEACH (Timely Educational Activities towards achieving sustainable Community Health outcomes)



<https://www.facebook.com/share/p/15DT1pesJe/>

PharmaLISTS (Looking into the Safety of Therapeutic Sheets)



<https://www.facebook.com/share/p/1Ehztj7fyi/>

PharmaTREATS (Timely Recreational Exercises and Activities Towards Sustaining Healthy Community)



<https://www.facebook.com/share/p/184Y271PsN/>

Pharma Konsulta



PharmaKonsulta

MMSU Pharmacy Extension Services

A Quick Access to Get a Pharmacy
related assistance
From the Comfort of Your Home

09272672958



<https://www.facebook.com/MMSUPharmaKonsulta>

MMSU-Department of Physical Therapy Disability Summit



<https://www.facebook.com/share/p/1K2Muu9DUY/>