



# MARIANO MARCOS STATE UNIVERSITY

## Sustainable Food Choices on Campus

MMSU actively promotes sustainable food choices on campus, including vegetarian and vegan options. The Indigenous Food Research Consortium (IFRC) and Indigenous Food Plants (IFP) Research support the use of local plant-based foods for enhanced nutrition. The Veggie FIESTA Event highlights plant-based products and technologies. The National Garlic and Other Agri-Food Condiments R&D Center and CARES Program focus on sustainable agriculture. MMSU integrates sustainable practices into its curriculum, fostering awareness and support for sustainable eating. Initiatives like the Bio-Intensive Gardening (BIG) Project and Collaborative Vegetable Gardening (COVEG) encourage students and communities to adopt plant-based diets. The Department of Food Science and Technology develops safe, nutritious foods, reinforcing MMSU's commitment to offering sustainable, plant-based food choices on campus.

### Evidences:

1. **Indigenous Food Research Consortium (IFRC)**  
<https://www.mmsu.edu.ph/news/ched-funded-indigenous-food-research-consortium-in-region-1-launched-tomorrow>
2. **Indigenous Food Plants (IFP) Research**  
<https://www.mmsu.edu.ph/news/mmsu-shares-progress-on-probiotics-and-ifp-programs>
3. **Veggie FIESTA Event**  
<https://www.mmsu.edu.ph/news/veggie-fiesta-in-mmsu>
4. **National Garlic and Other Agri-Food Condiments R&D Center**  
<https://www.pcaarrd.dost.gov.ph/index.php/quick-information-dispatch-qid-articles/s-t-innovations-show-promising-potential-to-advance-garlic-and-other-agri-food-condiments-industry>
5. **Coordinated Agribusiness, Research, and Extension Strategies (CARES) Program**  
<https://www.mmsu.edu.ph/news/cares-program-boosts-rice-sufficiency-in-in>

6. **Integration of Sustainable Practices in Curriculum**  
<https://cafsd.mmsu.edu.ph/article/about-the-college-of-agriculture-food-and-sustainable-development>
7. **Bio-Intensive Gardening (BIG) Project**  
<https://www.mmsu.edu.ph/news/mmsu-bio-intensive-gardening-wins-in-natl-extension-confab>
8. **Department of Food Science and Technology**  
<https://cafsd.mmsu.edu.ph/article/about-the-college-of-agriculture-food-and-sustainable-development>
9. **Collaborative Vegetable Gardening (COVEG)**  
<https://www.mmsu.edu.ph/news/mmsu-promotes-vegetable-gardening#:~:text=COVEG%20is%20a%20package%20of,their%20own%20backyard%20vegetable%20garden.>